

LIST OF COMMONLY FELT EMOTIONS

Adored	Enraged	Obsessed
Afraid	Enthusiastic	Pleased
Angry	Envious	Proud
Annoyed	Excited	Regretful
Anxious	Exhausted	Relieved
Apologetic	Foolish	Respected
Ashamed	Fragile	Restless
Blessed	Frightened	Sad
Blissful	Frustrated	Satisfied
Bored	Glad	Scared
Bothered	Guilty	Scattered
Broken	Happy	Secure
Bubbly	Hopeful	Shy
Cautious	Hopeless	Smart
Cheerful	Horrified	Sorry
Confident	Hurt	Strong
Content	Hysterical	Surprised
Curious	Indifferent	Suspicious
Delighted	Infatuated	Terrified
Depressed	Interested	Thrilled
Determined	Irritated	Tired
Disappointed	Jealous	Unsure
Disgusted	Joyful	Upset
Disturbed	Lively	Vivacious
Embarrassed	Lonely	Vulnerable
Empty	Loved	Worried
Energetic	Loving	Worthless
Enlightened	Mad	Worthy
Enlivened	Nervous	